

# Skokie Montessori School

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>09.10-09.14</u>	Chicken Fingers Steamed Broccoli Cucumber Salad Split Pea Soup Marinara Pasta Fruit:	Chicken Tacos Mashed Potatoes Beet Salad/Mushroom Brown Rice Chicken Noodles Fruit:	Grilled Chicken Breast Steamed Cauliflower Ukranian Borsch Mashed Potatoes Tomato-Cream Sauce Fruit:	Meatloaf Steamed Carrots Garden Salad Buckwheat/Sour sauce Spinach Soup Fruit:	Beef Sliders Steamed Broccoli Corn Salad French Fries Chicken Rice Soup Fruit:
<u>09.17-09.21</u>	Meatloaf Grilled Steamed Cauliflower Carrot Salad Rotini Pasta/Alfredo Veg. Soup Fruit:	Beef Tacos Mashed Potatoes Garden Salad Brown Rice/mushroom Oatmeal Soup Fruit:	Grilled Chicken Breast Cole Slow/Corn Spinach Soup Mashed Potatoes Lemon Butter Sauce Fruit:	Chicken Fingers Cucumber Salad Steamed Carrots French Fries Lentil Soup Fruit:	Mac N Cheese <b>sauce separate</b> Steamed Broccoli Carrot Salad Whole wheat Bread Chicken Noodle Soup Fruit:
<u>09.24-09.28</u>	Meatloaf Carrot/ Corn Salad Veg. Soup Steamed Rice Mushroom Sauce Fruit:	Chicken Fingers Cauliflower/cucumber Oatmeal Soup Elbow Pasta Marinera Sauce Fruit:	Grilled Chicken Breast Mashed Potatoes Garden Salad Gravy Sauce Chicken Noodle Soup Fruit:	Chicken Tacos Cucumber/Corn Salad Ukranian Borsch Steamed Brown Rice Tomato Cream Sauce Fruit:	Chicken Sliders Cole Slow Steamed Carrots French Fries Lentil Soup Fruit:
<u>10.01.10.05</u>	Chicken Roll Grilled Mashed Potatoes Steamed Broccoli Chicken Rise Soup Sour Cream Sauce Fruit:	Chicken Fingers Carrot/Corn Salad Split Pea Soup Elbow Pasta Marinara Sauce Fruit:	Beef Tacos Cauliflower/Cucumber Minestrone Soup Steamed Brown Rice Mashroom Sauce Fruit:	Grilled Chicken Breast Corn Salad Cabbage Soup Steamed Rice Alfredo Sauce Fruit:	Mac N Cheese <b>sauce separate</b> Steamed Carrots Corn Salad Chicken Noodle Soup Fruit:

**content: cage free, antibiotic free, hormone free chicken.**